

# Everyday Hazards: Preventing Slips, Trips, and Falls

## The Impact of Slips, Trips, and Falls

#2

cause of workplace deaths in 2024

479,000+

cases with days away from work in 2023-24

\$54,499

average cost per incident

## Spot the Hazard



### Slip

- Wet or slippery surfaces
- Loss of traction underfoot
- Loose mats



### Trip

- Clutter, cords, & cables
- Uneven walking surfaces
- Poor lighting
- Worn flooring



### Fall

- Loss of balance
- Unstable footing or platforms
- Elevation changes

## Practical Prevention



Keep walkways clear at all times



Clean up spills immediately



Ensure proper lighting in all areas



Wear appropriate, non-slip footwear



Use handrails and maintain stable footing



Stay alert — avoid distractions while walking



Install mirrors and warning signs at blind spots



Replace worn or damaged flooring

## Real-World Scenarios



Carrying bulky items can block your view of hazards



Moving fast or multitasking raises your risk



High-traffic zones hide everyday hazards



## Safety Leader Key Takeaways

- Use the right equipment for the task since improvised setups create hidden risk
- Built-in safety features like guardrails and platforms reduce risk more than PPE alone
- Most falls aren't random; they're predictable and preventable with planning
- Inspect and maintain walking surfaces regularly. Don't wait for a near-miss to act!